

Shy Bladder Process

for Federally Mandated Drug Testing



49 CFR Part 40 Section 193

Problems in Drug Tests



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Shy Bladder Evaluation

A Shy Bladder Evaluation begins when a donor is unable to provide the required amount of urine.

**The required amount of urine
for a sufficient sample is**

45 mL.



Insufficient Sample Discarded



If the sample is within the correct temperature range of 32-38 °C or 90-100 °F, the process can begin.

The insufficient sample must be discarded to continue.

New Sample Attempt

The donor must attempt to provide a new, sufficient sample of 45 mL.

Up to 40 ounces of water may be consumed within three (3) hours of the original effort.



Refusal to Test

If the donor refuses to attempt to provide a new specimen or leaves, the collection is now considered a **Refusal to Test**.

The Designated Employee Representative (DER) must be notified immediately.

Next Steps

If the donor **still has not provided a sufficient specimen** within three hours of the first unsuccessful attempt, the **collection must be ceased**, and the DER must be notified.

Within 24 hours, a copy of the Chain of Custody Form (CCF) must be sent to the **DER** and the **Medical Review Officer** (MRO).

Next Steps Continued...

After consulting with the MRO, the DER directs the donor to **obtain a medical evaluation** from a licensed physician, acceptable to the MRO.

The MRO may perform this evaluation if the MRO has appropriate expertise



Shy Bladder Evaluation Conclusion

**The Medical Evaluation will
Provide an Answer to the Question:**

Does the donor have a valid medical reason for being unable to produce a sufficient sample?



Yes... Cancelled Test



No... Refusal to Test